

BC ROCKIES ADVENTURES

Experience an unforgettable adventure in the breathtaking surroundings of the British Columbia Rockies!

Our professional BC Rockies Adventures Team provides premier guided tours, educational programs, a booking service for local activities, and area information.

We will ensure that you have a truly memorable and authentic BC Rockies experience.

Our team offers a wide selection of events ranging from laid-back leisure activities to high0adrenalin adventure. Ther's a BC rockies Adventure for the whole family to enjoy!

For information and bookings, call **250.345.6049**. or e-mail the team at **bcrockies@fhsr.com**.

OUR PROFESSIONAL TEAM



All of Fairmont Hot Springs Resort's BC Rockies Adventures are guided by professional naturalists, selected for their fun personalities and accredited expertise in everything from history and geology to kayaking and wilderness survival skills.

Gain the most from your guided experience by enjoying our small group adventures. It's a fully-interactive experience where you can personalize your adventure based on your interests. Our team is here to answer any questions you have about activities, history, geology, wildlife and more!

Jocelyn and Andi (pictured above) are favourites of guests and the media alike, with guest appearances on Breakfast Television and countless print articles.



ACTIVITIES & TIMES

SEPTEMBER 7TH – OCTOBER 9TH 2009

MONDAY

10:45am-12:30pm Archery Intro
10:00am-12:30pm Rockies Scramble (Canyon Hike)

TUESDAY

9:00am-12:30pm Wild Hot Springs Driving Tour
2:00pm-4:30pm Hoodoos Hike (Geological Exploration)

WEDNESDAY

10:00am-1:00pm Guided Canoe/Kayak Trip
10:00am-11:00am Pure Minerals Makeover
2:00pm-4:30pm Hoodoos Hike (Geological Exploration)
4:00pm-5:00pm Paddle & Rock Painting

THURSDAY

9:00am-12:30pm Wild Hot Springs Driving Tour
1:30pm-4:30pm Guided Canoe/Kayak Trip
5:00pm-6:00pm BC Wine Tasting

FRIDAY

10:00am-1:00pm Guided Canoe/Kayak Trip
2:00pm-4:30pm Rockies Scramble (Canyon Hike)
6:30pm-9:00pm Evening Hoodoos Hike
Inquire for time Astronomy (A Tour of the Night Sky)

SATURDAY

10:00am-1:00pm Guided Canoe/Kayak Trip
11:00am-12:00pm Paddle & Rock Painting
1:00pm-4:00pm Kidz Rock! Survival Camp
2:00pm-4:30pm Hoodoos Hike (Geological Exploration)
7:00pm-9:00pm Campfire Desserts (Learn & Taste)

DAILY ACTIVITIES

* Please call or visit the BC Rockies Adventure Centre to book any of the following local activities. We are open Monday to Saturday 9:00am-5:00pm.

Horseback Riding	ATV Adventures	Flight Tours
Hiking/Bike Trails	GPS Rentals	Private Guiding
Fly Fishing	Heli Hiking	Heli Flights



TO BOOK YOUR ADVENTURE

Contact our naturalists at The BC Rockies Adventures Centre: **250.345.6049** or bcrockies@fhsr.com.

Fall hours of operation: Monday to Saturday 10:00am to 5:00pm. Please contact the resort's front desk during non-operational hours, 1.800.663.4979.

CANCELLATION POLICY

If you need to cancel please provide 48 hours notice or 100% of the total price will be charged to your credit card.

All activities are subject to change without notice. We reserve the right to cancel activities with full refund due to weather, availability or other circumstances.

* Prices do not include applicable taxes.

INFOMATION & PRICING*

ARCHERY INTRO

Test your archery skills at our scenic archery range (15, 25, and 40 yard targets). All equipment will be provided. Ages 9+ only. \$10/person. Please sign up before 5:00pm on Sunday.

ASTRONOMY (A TOUR OF THE NIGHT SKY)

Experience wilderness in all its glory as our naturalist describes the stars, planets, myths and legends of the starry sky above. Weather dependent. Difficulty: Easy. \$20/adult, \$10/child. (5-13yr). Sponsored by KOWA Optics. Please sign up prior to 5:00pm on Friday.

BC WINE TASTING

Cheers to BC wines! Join our resident wine specialist in the Lodge Lobby Thursday evenings to sample and learn about a fine selection of British Columbia wines. \$10/person. No sign up required.

CAMPFIRE DESSERTS (LEARN & TASTE)

Learn how to cook decadent desserts over campfire coals during this unique and delicious experience. We begin with a short stroll with our local naturalist then settle down around a campfire in the tipi to create and taste five mouth watering desserts. Come with an empty stomach as you will be eating plenty. Difficulty: Easy. \$17/adult, \$9/child (5-13). Kids under 5 eat Free! Please sign up prior to 5:00pm on Saturday.

GUIDED CANOE/KAYAK TRIP

Discover the gem of the Columbia Valley; the longest connected wetland in North America! Enjoy the fantastic landscape, fun on the water and unsurpassed wildlife watching opportunities with our knowledgeable naturalist. This is a great opportunity for everyone (no experience necessary) to enjoy nature at its best. Difficulty: Easy. \$54/adult, \$35/child (5-13)..





HOODOOS HIKE (GEOLOGICAL EXPLORATION)

This hike is a “must do” while visiting the BC Rockies. Our naturalist will take you on an exciting journey that begins 800 million years ago and shifts through events of chaotic mountain building and carving glaciers. Discover the amazing geology of the BC Rockies while enjoying one of the best views of the valley. Difficulty: Easy-Moderate. \$25/adult, \$15/child (5-13).

KIDZ ROCK! SURVIVAL CAMP

Our experienced guides will take kids on a learning adventure to remember! We will teach kids how to use a GPS for the exciting sport of geocaching, and all about how to survive in the wilderness with fire building, shelter preparing and much more! Children under 5 yrs old need to be accompanied by an adult. Difficulty: Easy-Moderate. \$25/child, parents are free to join at no cost.

PADDLE & ROCK PAINTING

Our art clinics allow you to relax while we help you capture the mountainous landscape of the BC Rockies. We have stencils and tips on technique that will help you create a memory that you can always treasure (fun for adults and kids). Paddle Painting: \$20/person, Rock Painting: \$8/person.

ROCKIES SCRAMBLE (CANYON HIKE)

Looking for a truly “Rockies” experience? Hike with our experienced guide through a beautiful limestone canyon to a destination of sheer mountain beauty – a waterfall! Discover how water formed the karsts, caves, waterfalls and canyons that make the BC Rockies famous. Difficulty: Moderate. \$25/adult, \$15/child (10-13).



THE WILD HOT SPRINGS DRIVING TOUR

Enjoy the view while our local naturalist guides you through White Swan Provincial Park and to the famous Lussier Hot Springs. During the tour we make many stops for pictures, short walks, interpretive stories, and even a dip in the wilderness Lussier Hot Springs. Bring your bathing suit and camera for this one-of-a-kind tour! \$54/adult, \$35/child (5-13).

RENT A GPS/GEOCACHING KIT!

Try the fastest growing sport in Canada – Geocaching! Our team has developed a series of geo-trails that can only be found using a hand-held GPS. Geo-trails ranging from easy to intermediate will lead you on an exciting treasure hunt to spectacular places around resort property and in the area. \$20/day.



PURE MINERALS MAKEUP CLINIC

Feel your best while on vacation! Jane Iredale’s Skin Care Makeup combines the most up-to-date colours with skin-care benefits that conventional makeup can only envy. Relax while our makeup artist shows you how to apply and choose your best colour combinations with this new-age line of makeup. \$10/person. **Please sign up at the Natural Springs Spa, 250.345.6007.**

